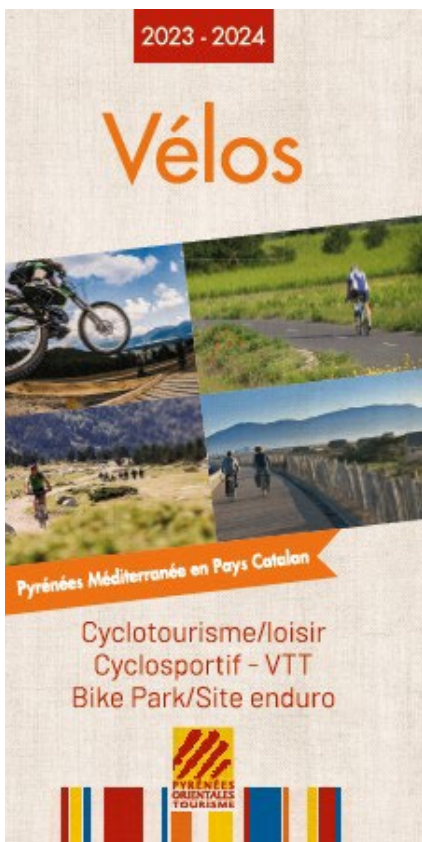


CYCLING



Cycling is still the trendy way to get around in the Pyrénées-Orientales. [Bicycle touring](#) is a relaxing, outdoor activity, suitable for all ages, either alone or with family, for a combination of sightseeing, exercise and culture. According to the [French bicycle touring Federation](#) that now has 120,000 members in France, bicycle touring is not about competition, it's an enjoyable experience, centred around sharing and new discoveries. Cycling is gaining in popularity, as the trend for soft mobility is becoming more widespread and protecting the planet a priority.

Standard bikes, Mountain bikes, Electric bikes, Electric mountain bikes, Tandems... There's a bike to suit everyone, as well as an area to cycle around (town, countryside, coast, forest, mountain, etc.), and trails to discover depending on what you feel like doing.

Bicycle touring is more than just a means of transport and leisure activity, it has become a real 'art-de-vivre' that all generations can enjoy together. You might choose to stay close to home or explore the French department of Pyrénées-Orientales, the whole of France or the world, but in any case, bicycle touring is an invitation to explore and travel.

Here, everyone is guaranteed to find a bike ride adapted to their physical condition, level and what they fancy doing or seeing.

There is something to see and do in every season. An opportunity to go cycling alone, with family or as a group, to meet other passionate cyclists and explore the tourist sights of our region.

On the Pyrénées Méditerranée in Pays Catalan [cycling map](#), cyclists will find all the information they need about:

Long routes:

- ✓ [Eurovélo 8](#) that runs between Cadix and Athens via Cyprus, through 11 countries. The French section of the Euro Vélo 8 is called 'La Méditerranée à Vélo' and covers 850 km from Le Perthus to Menton.
- ✓ [Pirinexus](#), cross-border loop itinerary. This bicycle touring route runs between the territories on either side of the Pyrenees, on the west side between France and Spain.
- ✓ [Véloroute V 81](#), a future cycle path that will eventually cover 600 km and 6 French departments from Le Barcarès to Bayonne, across the foothills of the Pyrenees.

Bike rides

Loop itineraries for experienced sporty cyclists.

For all essential advice, practical information, the list of available activities and useful contact details, check out our website [for the general public](#) and our [pro website](#)

The list of Tourist Offices and information centres throughout the department.

Eco-friendly modes of transport in the Pyrénées-Orientales

The [MTB areas](#), Pump Track, Enduro sites and Bike Parks and [further information](#)

[the list of professionals](#) who are there to assist you in the Pyrénées-Orientales, some of whom have been awarded the French quality label 'Accueil Vélo'

[Clubs for passionate cyclists](#) such as CODEP 66 or the [La Casa Bicicleta](#) association, or even [local company Caminade](#) making made-to-measure bikes in Ille-sur-Têt

[Cycling](#) or [MTB](#) guides for the Pyrénées-Orientales.

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