

## CLASSIFIED RESTAURANTS

### INFORMATION

UMIH 66  
(Union of Hospitality Professions  
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Orientales)  
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[www.umih66.com](http://www.umih66.com)

The Toques Blanches of Roussillon  
association  
Communication and Events  
Department  
Pyrénées-Orientales and  
Perpignan CCI (Chamber of  
Commerce and Industry)  
Tel.: +33 (0)4 68 35 98 95  
[www.toques-blanches-du-roussillon.com](http://www.toques-blanches-du-roussillon.com)

French association of Maitres  
Restaurateurs  
[www.maitresrestaurateurs.fr](http://www.maitresrestaurateurs.fr)

Tables & Auberges de France  
Tel.: +33 (0)5 61 99 44 16  
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[www.tables-auberges.com](http://www.tables-auberges.com)

Sources and bibliography

Brochures: Les Toques Blanches du  
Roussillon, Restaurateurs de France  
Languedoc-Roussillon, Guide des  
1000 Tables & Auberges de France

Links

[www.tourisme-  
pyreneesorientales.com](http://www.tourisme-pyreneesorientales.com)  
[www.ledepartement66.fr](http://www.ledepartement66.fr)  
[www.perpignan.cci.fr](http://www.perpignan.cci.fr)

There are so many diverse 'terroirs' in the Pyrénées-Orientales, providing an extraordinary range of fruit, vegetables and wine that benefit from the warm sun, as well as honey, cheese, seafood and local meat.

Along the shores of the [Mediterranean](#), in the hillsides, and up to the peaks of our mountains surrounded by meadows and pastures where the 'Rosée des Pyrénées' calves graze peacefully, looked after by their mothers, the breeders, farmers and winegrowers in these local areas have been able to keep ancient traditions alive, producing products that our passionate chefs then use in Catalan cuisine with strong medieval roots. A cuisine with a thousand flavours, from the sea to the mountains, using its fair share of spices, for dishes such as *sofregit* and *picada*. In Catalan cuisine, you'll find the perfect combination of sweet and savoury, sweet and sour, while respecting the natural flavours of the meat and fish, perfectly paired with our diverse range of wines and Vins Doux Naturels (naturally sweet wines).



### THE TOQUES BLANCHES OF ROUSSILLON

Around forty chefs from the French department of Pyrénées-Orientales, all well-known and passionate about their trade, decided to come together and create an association. In January 2003, they founded 'The Toques Blanches of Roussillon' to safeguard, raise awareness for and promote the cuisine and culinary know-how of the Pyrénées-Orientales, promote learning and encourage young people who want to work in the culinary industry, raise awareness for and promote regional products.



### FRENCH ASSOCIATION OF MAÎTRES RESTAURATEURS

The 'Maître Restaurateur' label is an official certification that is validated, recognised and verified by the French state. From the smallest of inns to the most prestigious restaurants, the establishments who have been awarded this distinction are all committed to top-quality. Find out more about the establishments run by these ambassadors, members of the AFMR.



### TABLES & AUBERGES DE FRANCE

The goal of the national 'Tables & Auberges de France' label is to showcase and promote, in France and abroad, the expertise of independent professionals working in a traditional restaurant or hotel restaurant, excluding integrated chains.

### MEDIA RELATIONS OFFICE

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### PYRÉNÉES MÉDITERRANÉE EN PAYS CATALAN

#### Agence de Développement Touristique des Pyrénées-Orientales

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