

INFORMATION

Saillagouse

www.pyrenees-cerdagne.com

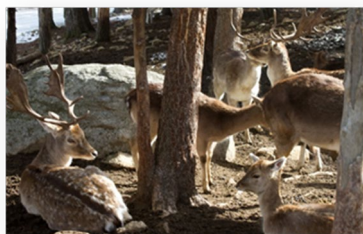
Les Angles

www.pyrenees-catalanes.net/

Prades

www.tourisme-canigou.com

www.visitpo.fr



The Catalan Mountains provide a huge range of activities, as well as the skiing activities available at the resorts: explore the natural, historic and industrial heritage, wellness and thermal baths, hiking, cycling and horse riding outings, with or without a guide, tastings of local products on the traditional markets or at the production sites. “You’ll want to come back to the Catalan Mountains again and again”.

Between Andorra and the Mediterranean, you’ll find the following at the [Pyrénées-Catalanes Natural Park](#):

Natural heritage

- ✓ 7 natural reserves (Py, Mantet and Nyer, Conat, Nohèdes, Jujols and Eyne Valley)
- ✓ 1 Grand Site de France with the iconic Pic du Canigó and the ancient iron mines.
- ✓ 1 classified site at Les Bouillouses Lake
- ✓ 2 thermal resorts (Molitg-les-Bains and Vernet-les-Bains)
- ✓ 3 thermal water complexes (Dorres, LLo and Saint-Thomas) that benefit from an endless source from the geological fault in the Pyrenees, full of beneficial properties.
- ✓ 2 natural lakes (Lanoux and Camporells): glacial cirques with superb views and diverse landscapes to admire.

Historic heritage

- ✓ 2 Vauban citadels, listed as World Heritage Sites (Villefranche de Conflent and Mont-Louis)

Industrial heritage

- ✓ **The Yellow Train**: in 1910, local deputy Brousse was approved construction of the Villefranche de Conflent - Mont Louis line, to create an access to and from the plateaus of the Cerdagne, thanks to the support of the Freycinet Plan. In 1927, the line was completed and runs as far as the terminus in Latour-de-Carol. The Yellow Train was a real technical feat, covering a difference in altitude of 1,000 m over 63 km, with 650 artistic constructions, 19 tunnels and two remarkable bridges, the Pont Séjourné and the Pont Gisclard, which was classified a Historic Monument in 1997.
- ✓ 2 solar furnaces at Mont Louis and Odeillo
- ✓ 2 man-made lakes, Puyvalador and Matemale: created following the construction of the dams, and then transformed into leisure complexes.
- ✓ **Thémis** is a solar power plant, a forerunner in solar and renewable energy. It is also a centre for research and development involved in some significant European-wide scientific projects such as Pegase, Next CSP and Censol PV.

MEDIA RELATIONS OFFICE

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PYRÉNÉES MÉDITERRANÉE EN PAYS CATALAN

Agence de Développement Touristique des Pyrénées-Orientales

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Activities including hiking and all kinds of [MTB](#), biathlon, paragliding or hot-air balloon rides over the Cerdagne, weather-permitting, diving under the ice and other thrilling experiences with qualified guides and instructors.

The ultimate wellness

Take some time out and treat yourself to some pampering at the natural thermal baths such as in Saint-Thomas-les-Bains, Dorres and LLo, or stay fit in Les Angles, Molitg-les-Bains and Vernet-les-Bains.

Gastronomy and local products

Top-quality, certified restaurants and local bistros serve local and short-circuit products that have been awarded the various quality labels. The weekly local farmers' markets in the open air sell local products including fruit and vegetables, wine, honey, meat, cured meats and dairy products from the local farms. The producers will be delighted to welcome visitors to their estates for tastings and tours.

That's not all

The 3 caves, including the [Canalettes](#) in Villefranche-de-Conflent, and [Fontrabiouse](#) in Espousouille, [Angles Animal Park](#) and the various events and entertainment organised at the resorts, will give you an all-round experience of the Catalan way of life in our beloved region.

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