

Grande-Bretagne



PATRIMOINE

► Août 2019



- **Telegraph : La traversée des Pyrénées en vélo - [When my mother died I found her 'bucket list'](#) - and ended up cycling across France in the ride of my life**

“At what glacial speed does an exhausted cyclist stop moving forwards and start toppling sideways? That was the question going through my mind as I tried to ignore the pain in my cramping legs, squeezed the last few drops of warm water from my bottle, and stole a glance at my handlebar computer. Four miles per hour was the sorry reading that greeted me...”

► Avril 2019

[couv_po_life.png](#)



- **P-O Life - Out on the town...in Perpignan**

« A day on the beach, a trek in the mountains, a drive along the pretty coastal or winding mountain roads....we're never short of things to do and places to go in the P-O. Today however, we're out on the town for a wander around a few of the delights of historic Perpignan with its colourful mix of old and new, chic and shabby, trendy boutiques, narrow, cobbled streets and small intimate bistros...”

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